



## Food Insecurity in College: The Facts

Food insecurity is more prevalent on college campuses than many of us realize. That lack of understanding extends even to college and university presidents and administrators, who don't prioritize food insecurity as a top campus issue. Here's a rundown of some shocking statistics:

- **48% of community college students** report experiencing food insecurity
- **41% of four-year college students** report experiencing food insecurity
- **Over 10% of college students** have gone an entire day without eating
- **One-third of students** have experienced food insecurity since the start of the COVID-19 pandemic
- **Only 14% of college and university presidents** ranked food insecurity in their top five concerns for their school

Courtesy – EduMed - <https://www.edumed.org/resources/food-insecurity-in-college/>

## How Hunger Impacts College Students

Courtesy of Forbes - <https://www.forbes.com/advisor/personal-finance/college-students-food-insecurity/>

## How to Handle Food Insecurity as a College Student

Courtesy of Best Colleges - <https://www.bestcolleges.com/resources/how-to-handle-food-insecurity/>



This Sunflower Day why not consider a community activity as part of the day? A Food Collection for an area college Food Pantry gives the entire APH a way to participate & support Sunflower Day and....

***A Food Drive for a Pantry provides each APH a press opportunity with area newspapers, college papers, CPH's, campus administration & a group purpose to start the 'school year!'***

## **Southern California University Food Pantries**

### **Cal Poly Pomona**

<https://asi.cpp.edu/poly-pantry/>

### **Cal State Dominguez Hills**

<https://www.csudh.edu/student-support/food-shelter/food-resources/toro-food-pantry>

### **Cal State Fullerton**

<https://www.latimes.com/socal/daily-pilot/entertainment/story/2021-11-17/cal-state-fullertons-permanent-food-pantry-let-students-shop-with-dignity>

<https://asi.fullerton.edu/services/>

### **Cal State Long Beach**

<https://www.asicsulb.org/corporate/discover/beach-pantry>

<https://www.csulb.edu/student-affairs/beach-calfresh-outreach>

<https://www.csulb.edu/student-affairs/pregnant-and-parenting-students/food-resources>

### **Cal State Northridge**

<https://www.csun.edu/heart/foodpantry/>

### **Cal State LA**

<https://www.calstatela.edu/deanofstudents/cal-state-la-food-pantry>

**Cal State San Bernardino**

<https://www.csusb.edu/basic-needs/food-security/pdc-den>

<https://www.csusb.edu/basic-needs/food-security/obershaw-den>

**Cal State San Marcos**

<https://www.csusm.edu/asi/pantry/index.html>

**Chapman University**

<https://www.chapman.edu/students/services/food-pantry/index.aspx>

**Loyola Marymount University**

<https://studentaffairs.lmu.edu/activities/centerforserviceandaction/lmufoodpantry/>

**Occidental College**

<https://www.oxy.edu/student-life/resources-support/orsl/resources-food-insecurity-economic-hardship>

**Pepperdine University**

<https://pepperdine-graphic.com/waves-food-cabinets-battle-food-insecurities-at-pepperdine/>

**San Diego State University**

<https://as.sdsu.edu/foodinsecurity/foodpantry/>

**UC Irvine**

<https://basicneeds.uci.edu/>

<https://www.latimes.com/local/lanow/la-me-uc-irvine-food-pantry-20170927-story.html>

**UCLA**

<https://basicneeds.ucla.edu/services/cpo-food-closet>

**UC Riverside**

<https://basicneeds.ucr.edu/rpantry>

**UC Santa Barbara**

<https://food.ucsb.edu/pantries>

<https://dining.ucsb.edu/miramar-food-pantry>

**UC San Diego**

<https://basicneeds.ucsd.edu/food-security/pantry/index.html>

**University of La Verne**

<https://laverne.edu/student-outreach/student-food-pantry/>

**University of San Diego**

<https://www.sandiego.edu/food-pantry/>

**USC**

<https://seip.usc.edu/tfp/>

<https://studentbasicneeds.usc.edu/resources/food-insecurity/trojan-food-pantry/>

