



**Southern California Council
of Alumnae Panhellenics**

Sunflower Day

Saturday, August 12, 2023

**Let's celebrate Panhellenic sororities and show off the
lifelong bonds of our sisterhood!**

Plan an outing, gather your sisters, wear sunflowers and enjoy the day together. As you do, take pictures and share them on social media so everyone can better understand the benefits of Greek Life. You can decorate cakes, meet for brunch, shop a farmer's market, get pedicures, picnic in the park, or whatever strikes your fancy. Just make sure to wear your sunflowers here, there and everywhere.

This year, we hope you will incorporate charitable giving into your day...sow the (sunflower) seeds of change. You can support your sorority's philanthropy. But consider this: there's a food pantry at most area universities, and donations there will help address the growing problem of food insecurity among students. These programs typically take contributions of money, non-perishable food and other items -- some even have an Amazon wish list to make giving super easy. Think of the impact our combined gifts can have on just one day!

**Alumnae and Collegians: call your sisters, grab a sunflower
and plan now to join in the third-annual SCCAP Sunflower Day**

The Fine Print: When you know the place and time of your Sunflower Day gathering, let us know so we can share it with others and give them ideas; email [SCCAP](#) with the details. For more info on university food pantries, go to the Sunflower Day page on the [SCCAP website](#).

On August 12, please share your photos online, far and wide. Use the hashtags [#sccapsunflowerday](#) and [#sororitysunflowerday](#) and also email them to us so we can feature them on our website and Facebook page; identify the group, location, participants and affiliations when you email them.

Finally, if you can't plan or attend an event on August 12, no worries -- send us a selfie of you enjoying some sunflower fun.